

## Information

### Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

### Exercise Equipment

Exercise Equipment is available for use/sign out in the **Lifestyle Office**. Please see Amber if you are interested in taking advantage of the equipment.

### Trust Accounts

Trust Accounts are out of **Theresa's Office** on the 1st floor. Hours are **Tuesdays from 10:30am to 1:30pm** and **Thursdays from 1:30pm to 2:30pm**.

### "Hair by the Bay" Salon Hours

**Tuesdays** 2:00pm until last appointment  
**Wednesdays** 9:30am to 5:30pm  
**Thursdays** 1:00pm until last appointment  
**Saturdays** 9:00 to 1:00pm (by appointment only)

### Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings, services and special activities to sign up for!

### Barrie Public Library Books

Large Print Barrie Public Library Books and DVD's are always available in the **Lifestyle Office**. Please ensure to sign out any items borrowed.

### Visitors

We kindly ask **ALL** Visitors to **sign in** at the front desk upon arrival and **sign out** when leaving. Don't forget to sanitize your hands! Thank you!

### Simcoe Terrace Library

Please feel free to enjoy the extensive collection of books in our North Lounge Library. All books are filed by Author and maintained by Resident Council.

# Simcoe Terrace Retirement Residence

April 2019 Issue



## Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Stackhouse, Office Manager - theresa@simcoeterrace.com

Amanda Daley, RPN, Director of Wellness - amanda@simcoeterrace.com

Amber Head, Food & Beverage Manager/Activity Director - amber@simcoeterrace.com



Simcoe Terrace  
Retirement Residence

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# The Terrace Tribune

*Happy Easter!*

## Message from the GM

March is going out with a snowfall so I guess that is “like a lion.” It’s great to see the snow melting and spring beginning to arrive!

Thanks everyone for your patience during the Respiratory Outbreak. As you know, Public Health asks that we cancel group activities if more than 2 residents have cold symptoms. That is behind us now and we are back to normal!

Beginning in April we will be changing the menu somewhat to align more closely with Canada’s New Food Guide. We have a responsibility to provide healthier food options at mealtime. You will begin to see more salads and less processed foods, as well as less salt and dairy.

We always welcome your input.

Have a great month of April everyone,  
Michael Ayers  
General Manager

## Athletes of the Month

Shuffleboard Table #1: N/A  
Shuffleboard Table #2: N/A  
Darts: Doug O. with 88pts  
Ladder Ball: Red Team (most wins!)  
Bean Bag Toss: Falk s with 313 pts  
Washer Toss: Evelyn F. with 300pts  
Floor Kurling: Red Team (most wins!)  
Bocce Ball: Falk first to 21!  
Croquet: Falk S (most wins!)  
Bowling: Betty S. with a score of 44pts  
Ring Toss: Arthur C: 60 pts

## Resident Council

### Resident Council Elections 2019

Due to the Outbreak in March, Election Day has moved to Monday, April 8th

### Foot Care Dates

*To be decided. Please refer to the signage on the main bulletin board.*

Please be sure to arrive to your scheduled appointment on time! Cost is \$25 for foot care services (*Located in the hair salon*)

## Mental Gymnastics

Bingo: N/A  
Yahtzee: N/A  
Pictionary/Charades: N/A  
Scrabble: Diane with 103 pts

## Welcome to ST!

**We have had many new faces arriving at Simcoe Terrace in the past few weeks and more will be arriving in the next while.**

**We welcome all to ST and greet them with your biggest smile when you see them!**

## Highlights of the Month!

### Meeting Schedule:

**Resident General Meeting:** Thursday, April 4th at 1:30pm (AR)

**Menu Chat:** Thursday, April 25th at 3:30pm (SR)

**Programs Chat:** Friday, April 26th at 3:15pm (SR)

### Outings

**Shaw’s Maple Syrup and Pancake Lunch House!**

Friday, April 12th at 11:30am

**Downtown Boardwalk Bingo**

Tuesday, April 30th at 11:15am

### Special Events!

**April 4th—Police Community Surveys Due to the Front Desk**

**April 19th—GOOD FRIDAY—STAT HOLIDAY**

**April 21st—Easter Dinner at Simcoe Terrace**

**April 23rd—Earth Day!**

**April 29th—JANUARY, FEBRUARY AND MARCH BIRTHDAY CELEBRATION!**

Cake and Ice Cream will be served!